**MONROE CAMP AND RETREAT CENTER, INC.**

**THE AGOGAE TRAIL CHALLENGE COURSE**

I\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, **(parent/guardian)** wish for my child, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**(full name)** to participate in Monroe Camp & Retreat Center, Inc.’s Agogae Trail Challenge Course through its camp, in Laurel Hill, N.C.

**I AM HERBY ADVISED** by the Staff of Monroe Camp and Retreat Center, Inc. of the following in regards to the Agogae Trail Challenge Course: (Initial by each statement.)

\_\_\_\_ That I am (or my child is) to follow all safety directions provided by the challenge course staff

 (facilitators).

\_\_\_\_ That when instructed to do so by the staff, I (or my child/ward) must wear the appropriate safety

 equipment, which shall include: climbing safety harness, static belay safety lines, climbing helmet.

\_\_\_\_ That challenge course activities are led by trained facilitators, who will instruct participants in safety

 guidelines and practices such as spotting, climbing commands and other instructions appropriate to

 the challenge course setting.

\_\_\_\_ That all activities on the course are “challenge by choice”, which means a participant will be

 encouraged to go one step beyond their “comfort zone”, but will have the right to stop their own

 participation at any time.

\_\_\_\_ That participants shall be responsible for their own physical and emotional safety, as well as the

 physical and emotional safety of the group.

\_\_\_\_ That participants shall not start an activity on the course without the supervision of a trained

 facilitator (staff).

\_\_\_\_ That all activities on challenge course are physically demanding and potentially dangerous, and that

 following all safety instructions will reduce the risk of injury, BUT will not eliminate the risk of

 injury. Such activities may include climbing on others and lifting others.

\_\_\_\_ That a challenge course is a series of events, which may or may not take place on structures made of

 wood, cable, and ropes. A challenge course is designed to be physically and emotionally

 demanding. Some events may be low to the ground (low initiatives), while other events may be high

 off the ground (high initiatives).

 I have been fully advised of the nature of a challenge course. I acknowledge that once I (or my child) choose to participate in the events, I am (they are) exposed to possible risk of injury inherent with challenge courses. The ropes course staff (facilitators) will instruct me (or my child) in safety procedures. They (the facilitators) are trained in ropes course safety. I am also aware that the facilitators may ask me to sit out of part or all of the course if they feel my conduct is a risk to the group. This will in no way entitle me to a refund.

I and my heirs hereby fully release and hold harmless MONROE CAMP AND RETREAT CENTER, INC. and its camp, its employees and representatives, from any and all claims, losses, liabilities, demands, actions, and causes of action that might accrue subsequent to the date of this release on the account of, connected with, or growing out of participation in The Agogae Trail Challenge Course program at Monroe Camp and Retreat Center.

I have carefully read and understand this release, have had the opportunity to ask questions about this release and all such questions have been fully answered. With full knowledge of its contents I hereby sign this release voluntarily on behalf of myself (or my child who is a minor.).

Participant Signature (if 18 years or older):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian (if participant is a minor):\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_